2019 Forth Valley Food Fest line-up

The Forth Valley Food Fest is a food trail and promotional campaign to celebrate local food producers, providers and processors in the Forth Valley region! **#ForthValleyFoodFest**

12 – 27 OCTOBER

1 ARNPRIOR PUMPKINS

Arnprior, Various times

Pumpkins from £5

(pre-booking required)

Pick your own pumpkin, get lost in the kale maze, ride the quad pods, and sample some local food and drink at Arnprior Farm! Book parking at Arnprior Farm website.

11 – 15 & 17 OCTOBER

2 STIRLING NEIGHBOURFOOD

11 – 15 OCTOBER

MARKET OPEN ONLINE

17 OCTOBER

Collection at 44 King Street, Stirling 4.30 – 6.30pm

The online 'click and collect' local food market, Stirling Neighbourfood, is open for orders 11 – 15 October! Order collection on 17 October, 4.30 – 6.30pm, at Made in Stirling, 44 King street in Stirling. Order at the Stirling Neighbourfood website.

11 & 14 OCTOBER

3 PLANT A TREE & GARDENING 10am – 4pm

GARDENING SESSIONS

Stirling University Community Garden 2pm – 4pm

Drop-in gardening and tree-planting sessions at the Stirling University Students' Union community garden and orchard on campus – no experience needed. More info at Stirling University Student's Union website under 'sustainability' and 'garden'.

11 - 18 OCTOBER

4 MEET THE GOATS AT GARTUR STITCH FARM

Port of Menteith, 11am – 1pm

£17, under-16s free

(pre-booking required)

Meet the Goats and the other animals of Gartur Stitch Farm – farm tour, goat milking, feed the sheep, and sample homemade farm delights. Book via Gartur Stitch website.

11 OCTOBER

5 MAKE YOUR OWN WILD COCKTAILS

Forth Inn – Aberfoyle, 7pm – 9.30pm

£10 – £25, over 18s only

(pre-booking required)

Trossachs Wild Apothecary will show you how to use locally foraged ingredients to craft wild cocktails – try them alongside local food samples and while enjoying a Taiko drumming performance. Book via the Trossachs Wild Apothecary website.

12 OCTOBER

6 STIRLING FARMERS' MARKET

Port Street, Stirling, 10am – 4pm

At this monthly market, buy locally made produce from the Forth Valley – such as jams from Perthshire Preserves (Stirling), sourdough bread from Riverside Bakery CIC (Stirling), sweets from Ochil Fudge (Alloa), and cheese from Strathearn Cheese (Comrie).

11 – 20 OCTOBER

7 LOCAL FOOD PROMOTIONS AT THE SMIDDY

The Smiddy Farm Shop in Blair Drummond, 9am – 5pm

Stop by The Smiddy to browse, taste, and shop local – they will be running promotions on local beef, lamb, eggs, honey and cheese in the butchery, shop and cafe throughout the Festival to highlight their love for local.

11 – 15 OCTOBER

8 SEASONAL SOURDOUGH

Riverside Bakery CIC, Various locations to buy

Riverside Bakery CIC, Stirling's own sourdough bakery-by-bicycle, is offering a range of special seasonal and local products for the Festival. Available at the Stirling Farmers' Market on 12 Oct, or via Stirling Neighbourfood online market (pre-order 11–15 Oct for 17 Oct collection).

13 OCTOBER

9 TOMNAH'A MARKET GARDEN TOUR

Tomnah'a Farm at Comrie Croft – Comrie, 11am – 12 noon Free

Come visit Tomnah'a Market Garden for a guided farm tour – to see how and what they farm, some of the tools and techniques they use, and how they sell directly to their members. Meet by the flower shed (first shed you come to) for an 11am start.

19 & 20 OCTOBER

10 OCTOBER CHILLI FEAST & FILM

The Old Mill – Killearn, £25 (pre-booking required)

7.00pm 19 Oct | 5pm 20 Oct

Watch a film screening of 'The Great British Chilli' while enjoying a three-course locally sourced dinner prepared by the Old Mill Restaurant in Killearn. Both the film and the food feature locally grown chillies from Foragers Foods, with panel discussion to follow. Book via Old Mill Restaurant website.

12 & 19 OCTOBER

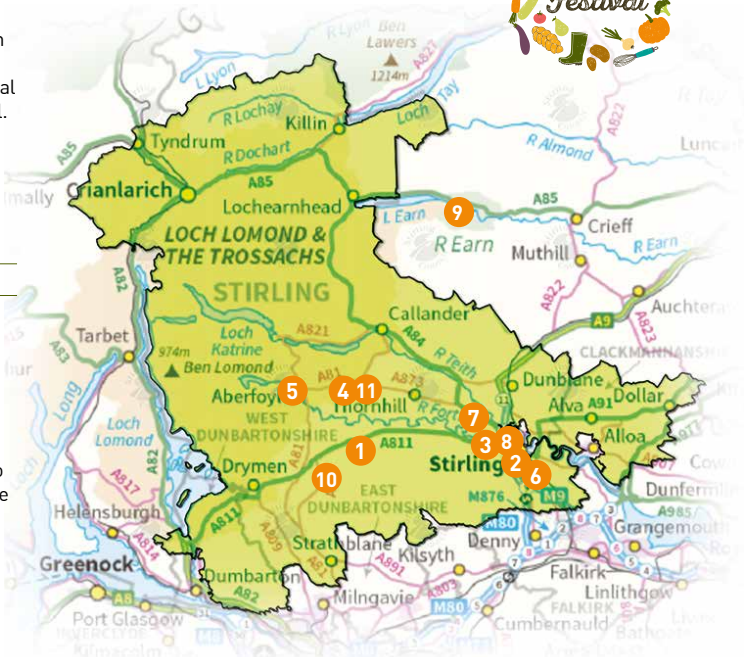
11 FORAGE FOR YOUR PIZZA - GARTUR STITCH FARM

Port of Menteith, 3.30pm – 7pm

£25, under-16s £15 (pre-booking required)

Come learn how to forage in the woods with Gartur Stitch Farm, and enjoy a wood fired pizza made with your finds. Book via Gartur Stitch Farm website.

FORTH VALLEY FOOD Festival



To find out more information go to **www.fvl.org.uk/localfood/fvff/**

LEADER
The European Agricultural Fund for Rural Development: Europe investing in rural areas
FORTH VALLEY & LOMOND LEADER
The Scottish Government
SRDP Scottish Rural Development Programme
Stirling Council